



Look Your Best This Holiday Season

By Dr. Brandon Richland, MD

As the holiday season approaches, it's natural to want to look and feel your best when gathering with friends and family. Whether you're prepping for festive parties or holiday photos, this is the perfect time to give yourself a refresh with treatments that have little to no downtime. You can achieve an instant glow for the holidays and without disrupting your busy schedule!



One standout option is the Forma facial, often referred to as the "red carpet" facial. Known for providing immediate skin tightening, pore shrinkage, and overall improvements in skin tone and texture, Forma is a popular choice for those seeking a radiant complexion without the need for recovery time. There is no social downtime or special pre- or post-care required. The treatment can be completed in under an hour, making it an ideal solution for the busy holiday season.

Combining the Forma facial with JEUVEAU® (an injectable neurotoxin similar to BOTOX®) and Versa™ or Revanesse® Lips™+ (hyaluronic acid fillers) can provide an extra boost of rejuvenation. JEUVEAU focuses on tightening the skin and muscles, providing a refreshed and glowing look. With age, the face loses fat and collagen, causing a sunken or hollow appearance. Hyaluronic

acid fillers add volume and enhance the facial contour. Both of these treatments smooth wrinkles, plump lips, and restore facial volume, providing a youthful and glowing appearance just in time for holiday gatherings.



With the cold air approaching, our skin becomes drier, leading to discomfort and roughness in your face. Incorporating medical-grade skincare into your routine is key to combating the effects of winter air and achieving long-lasting results. Two standout brands that offer excellent options for glowing, healthy skin are Alumier® MD and Neocutis®. Alumier MD's Prep & Enhance kit contains everything you need to achieve clear, luminous skin during the festive season ahead.

For anti-aging solutions, Neocutis is renowned for its cutting-edge, stem cell protein-based products. Neocutis Lumière Firm: Illuminating & Tightening Cream (one of the top-selling medical-grade eye creams) helps brighten and smooth the delicate under-eye area, while Neocutis Bio Serum Firm, considered the "gold standard" in stem cell serums, effectively targets signs of aging and delivers noticeable results in just a few weeks.

With these quick and effective treatments, all of which are available from our practice, you'll be "holiday ready" in no time. Call for your consultation today.

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